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Power Over Others: Our Competitive System

When are we going to begin to think of the greater good, or the good of others as well as our own, instead of just our own?

When does that happen?

When do we break with old patterns and start to really listen to what others are asking of us? When?

When does that happen?

When do we begin to listen to others' needs and begin to meet them instead of always putting our own first?

When do we break with tradition in the name of really listening to another person and what they want from us?

Let me break down where we are with respect to consciousness right now. Your consciousness can act out either one of two systems in any interaction you have with another person.

These choices are:

Service to Self

Service to Others

When you are Service to Self, as in selfish, self serving and in some respects greedy or believing in scarcity, you are following a lower vibrational draconian belief system. You have a tendency to put yourself first in any transaction with another person, and yes, psychology has even told you that it's healthy to do so. Okay, so let me ask you this, "If the better way is to continually put yourself first, instead of working to benefit others **ALONG WITH** yourself, then how come the world is in the state it's in right now?" Service to self is, "Me first and you're mine to do with as I feel you should be." But the true state of humanity, where humanity thrives, is a state of mutuality.

When you think and enact a Service to Others mentality, you immediately see others as the people you are here to help, as well as yourself, and you don't tend to make too many decisions and choices without considering the greater good. For me, getting up in the morning is always a question of "What am I going to do today?" and "How can I be of service?" Having said that, the service provider can impose limits and restrictions upon what they do. I do this because I'm not a car mechanic. The service you provide has to do with your soul's choices for you. When you enact "Service to Others" you see yourself as one of the ones who benefits from your serving the All.

Now, these two mindsets break down into two different systems of behaviour and when I say different, I mean different. These two systems are the systems that are playing out in the galaxy as well. These systems have to do with the way you behave and the way you relate to others.

These two systems are:

Power Over Others (Duality Consciousness)

Power Over Self (Unity Consciousness)



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Earth has been a Power Over Others system for many eons, simply because people became greedy and turned away from God, and because of that, they opened the door to their own exploitation because of this compromised mindset. They let evil in and that's what we're fighting now.

So you see, the only way to get rid of evil and the service to self mindset/power over others system of interaction is to change our minds, raise our consciousness and to follow universal law, because all others in the galaxy that are benevolent follow universal law and enact the Service to Others behavioural system. Universal laws are the properties of God, or the way that God is, or the way that God functions, if you want to call it that. And by default, if God functions that way, then so do you because you are a part of God. NOT ALL PEOPLE on this world are part of God, or part of the Power Over Self or Unity Consciousness system, and they have lowered the vibration of people on this planet and taught them to misbehave, or to violate universal law – enact Service to Self, in order that they could live among us.

Earthlings are about to move from this Duality Consciousness/Power Over Others system to Unity Consciousness/Power Over Self reality. So our task now, in order to ascend, is to embrace Unity Consciousness. When you do, you'll be hearing from a lot more ETs because you'll be more aligned with their pattern of thinking.

As I indicated in the beginning of the video, we have to break with old patterns and adopt new patterns of behaviour – towards ourselves and towards others. This means that beating yourself up for doing something you feel is wrong is no longer a viable way of behaving. This means that dissing another person you feel contempt for is no longer a viable way of behaving. This means that violating another person's rights is no longer a viable way of behaving, even if you do it out of innocence or out of some other form of ignorance, it's still not compliance with universal law.

Universal law must be adhered to, otherwise you continue to create bad karma. Otherwise this world will not change. The only way to ensure that evil does not gain a foothold in our minds and on this planet again is to embrace universal law, and the Power over Self mindset.

There are many people on the planet that have already accomplished this to varying degrees. I am one of them. I have gone through many years of soul searching and changing my behaviour on earth, and now many years of being of service to others in the universe and on earth, in order to raise my own consciousness level. The secret is that is serving others, you benefit as well.

I realize that, although I have changed, many people haven't. However I have a dislike of the Power Over Others system because that's the system my parents indoctrinated me into as a child and because of this I suffered soul fragmentation. Yes, no less than that. It split me apart. I have gone through my life retrieving the pieces and putting myself back together again to achieve wholeness.

When I come across people who violate my boundaries, I understand what is really going on. Boundary



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violators are enacting the Service to Self mindset, and as I said in the title, this system is competitive. In fact, when people violate others' boundaries, they are competing with them for their time and energy – technically for control over them, and in fact behaving as if they have a right to control other people. This is narcissistic behaviour. The narcissist believes they have a right to control what others think, do, and feel, and for anyone in a narcissistic relationship, it started with the first boundary violation. Yes, that's a pretty extreme statement, isn't it? I stand by it.

The only difference between a narcissist and someone who is unaware of their violations is personal level of awareness. Some do it overtly, others do it unconsciously but it's still being done. When you analyze a boundary violation down, even a small one, narcissistic behaviour is at the bottom of it. The only thing you have responsibility for in your life, with the exception of under aged children, is yourself. To encroach upon others' boundaries in an attempt to control their expression of God in any way, is you playing God. I rest my case. You are an aspect of God, but not other people's God! They have their own network, as yet unseen, to guide them that they have chosen to work with them in this lifetime.

The only reason that people have embraced narcissism to the extent that they have on earth is because they “forgot God,” and turned towards materialism. In forgetting God, they built themselves up instead and held themselves up as either all mighty or as the disempowered victim. The ONLY WAY not to have this continue in your life is to serve others as well, and the more you do it with boundaries and with setting limits, the less self oriented you become.

I took this Article by Dr Michael McGee or the MindWell Community (drmichaelmcgee.com) to explain the relationship between Narcissism and Materialism. Dr McGee sounds like a pretty cool guy!:

“Materialism and Narcissism

In the United States, we live a society seduced by materialism in the pursuit of pleasure and comfort. Some of us also buy status items in order to enhance our self worth. We live in a world where preoccupation with self-gratification risks isolating us from each other, leaving us vulnerable to neglect of those with whom we share our lives. For too many, life has become about money, possessions, comfort, and pleasure. As the saying goes, “he who dies with the most toys wins.” Too many of us abandon the fulfillment of Love and connection and swim to the Siren of Materialism. We even hear the terms, “shopping addiction” and “Shopaholic” in recognition of the addictive nature of unhealthy materialism.

Materialism can be an aspect of the disease of narcissism, in which we feel inadequate and deficient just as we are, rather than feeling good, whole, and complete despite our flaws and imperfections. Like an addiction, narcissism is a compulsive self-preoccupation at the expense of connection and interconnection. The daily agenda of a narcissist is to self-soothe through interpersonal relationships, in which they seek affirmation and gratification, as opposed to the opportunity to love. The Narcissist also



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feeds on power and control, as these fuel their grandiosity and sense of omnipotence in order to mask their fundamental core experience of being bad or defective. They take material riches as a sign of their value and worth.

Narcissism takes many forms. All of us have some form of it. There is a healthy form of narcissism in which we feel good about who we are while being mindful of our faults. Healthy narcissism involves taking care of our needs and asserting our rights without abandoning our care for and consideration of others. Healthy narcissism leads to a healthy materialism, in which material goods are a means to take care of ourselves and empower us to love others and fulfill our other life purposes. In this type of materialism, materialism is a necessary means to an end, rather than the end itself.

If we look carefully at our own narcissism and materialism, we see other interconnections and similarities. First, gratification is shallow and temporary. We may be happy for a moment as we drive our luxury car off the showroom floor, but that happiness fades quickly as the problems of our lives reappear from the fog of our new possession. Similarly, we may bask for a moment in the narcissistic glow of our perceived enhanced status in the eyes of others, but this glow quickly fades, leaving a persistent, gnawing angst throbbing at the core of our being. The angst that in some vague way, we lack value, are not worthy, or are just plain bad.

When we adopt materialism as a way of soothing ourselves or enhancing our perceived value, we are merely putting a temporary bandage on a festering wound.

There is a better way. First, we need to see the transient and unsatisfying nature of our purchases, and ask ourselves when we are to buy something, “Is this necessary for me to pursue my life goals, or is it something I want to buy to soothe the pain of my existence?” We then need to firmly renounce these band aide purchases and commit ourselves to addressing our dis-ease directly and authentically.

One of the greatest human inventions of all time is the 12 steps. Although they are not for everyone, and use outdated terminology such as the word “God” in a way that can alienate the non-religious, they still can serve as a cure for narcissism and other character pathology.

The steps create an integrated and comprehensive methodology for character transformation. In Step 4, one does a “fearless and searching moral inventory, of both one’s virtues and liabilities. This is a courageous process of investigating ourselves and seeing exactly who we are. In step five, we admit what we have learned, first to ourselves, then to “God”, and finally to another person, often our sponsor. This step goes a long ways towards healing the shame of narcissism, as we experience being accepted and valued by another person, despite our dark secrets and flaws. Further steps facilitate relationship repair and re-connection, continued spiritual growth, and service to others.

Individual and group therapy also serve as potent tools for the hard work of character transformation.

We do well to engage in “mindful consumption.” Ask yourself, “Is these purchase necessary for me to



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achieve my life goals?” If the answer is “Yes” and the purchase is within your budget, buy away. If not, exercise mindful restraint.

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Get exclusive access to Dr. McGee’s teachings and a supportive online community that cares.”

I'll link his website in the comments in case you'd like to join or read what else he has to offer.

Dr. McGee focused on materialism as an aspect of narcissism but it tends to go hand in hand with controlling and manipulative behaviours, because really when you think about it, as he mentions in the article, trying to bolster one's self esteem through the acquisition of material possessions, but there is also trying to bolster one's self esteem by trying to control and manipulate others, particularly others you feel are more powerful than yourself.

Narcissists are controlling. Boundary violators always are. Let me tell you another secret: These people are very insecure. Why? Because they believe in scarcity, they don't believe in their own creative abilities, they don't believe in their own innate powers, but they do believe that they have a right to tell you what to do. Even if it means lying to you, manipulating you, gaslighting you, or using some other form of overt or covert control tactic, they believe they have a right to do this. And this, by the way, parallels what's going on on this planet right now with respect to the covid programming. Covid is actually a godsend for people who already understand the difference between the two ways of life I'm describing here - with exception of the ones who have perished from it. That's unfortunate and I mention my cousin Nick again. Covid is a wake up call for many people who have been Service to Self oriented – because now that their freedom is being taken from them, they are fighting back. Well, welcome to my life. I've already gone through this. Taking my power back. And that's what people are learning en masse on earth right now. They are moving towards the Power Over Self System of thinking.

They're going through all the stages I went through too, including anger. I can tell you what's going to happen on earth because I went through all these things. The road to acceptance of self can be an arduous process.

Service to Others people realize that they have to set boundaries with others and set limits with themselves. Why? Because if you're other oriented but have no boundaries, you'll be run off your feet doing everything for everyone else and eventually, you'll suffer. Read about that in the book, “Women Who Love Too Much.” It describes the process well. The difference between being Service to Others and being Codependent is the boundaries you set.

And whenever you set boundaries, you can be rest assured, someone will try to violate them. Why? Because that's the old Service to Self system. There are people of both systems on this planet right now trying to interact.



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When someone violates my boundaries, I realize that I have a Service to Self person on my hands. I listen to messages of how much my service is appreciated, but within the context of a boundary violation, sorry, these words ring empty. Perhaps the person does appreciate my service and they do appreciate me, but to what ends? To exploit me or to respect me? To listen when I say, “No” or to bash through my boundaries and try to use me against my will?

Since the person has already violated my first boundary, I then assume I have a Power Over Self person at hand and deal with them according to my own boundaries and limits. I will also know which system empowers you – Service to Self or Service to Others, and I will know what frequency you are. I will also understand who sent you. Since your frequency is that low, your attachments sent you my way. I get a lot of that.

I have a right to not be “nice,” which is a codependent state of seeking acceptance at the expense of one's self and one's sanity. Being “nice” is different from being kind.

I have a right to not accommodate everyone especially when they don't respect my boundaries

These are all things I can tell many of you still are learning. I've learned them, long ago, but it doesn't help the pain of being reminded every time someone violates my boundaries that the first people who did so were my narcissistic parents who never once told me they loved me, which is good because at least they weren't lying. I have come to understand that there is no love in domination, controlling, manipulation and oppressive boundary violating. I understand that they had some positive motivation but the way it was expressed was not loving. So I generally don't have a good impression of boundary violators. As a matter of fact, I see them at best as people who will neglect and disregard my needs, at worst someone who want to exploit me to their ends.

Because I'm self empowered, authentic and assertive, I will set appropriate boundaries with you. However, I will expect that you won't listen. Because that's the nature of competition: it doesn't like to lose. Competition competes and if you are fed up of the Deep State and wish they'd come out with their hands up, I'll tell you they won't. This is the way they ARE. They know no other way of being, they do not have the ability to change as a true human does. They will fight til the last man or woman is dead or arrested. What people want is cooperation, well they don't cooperate. Cooperation for a competitive person is only done for self gratification – if the Light arrests them and makes them an offer they can't refuse, then they will take the better option. I'm sure the Light forces have offered many threats in dealing with these dark ones because they won't offer anything that works with their narcissistic nature.

We also have this social more along with the adage: “If at first, you don't succeed, then try, try again.” That is the hallmark of a competitor. Someone who follows a system of cooperation doesn't believe in failure. There is always a gain to be had in any transaction.

You see, you have to understand both systems here. And every day you deal with others who do not understand you.



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The competitive system of Power Over Others is limited, because how much power are other people going to give you before they finally tell you to shove off?

The cooperative system of Power Over Self is unlimited because you, as an infinite eternal being of Light, are unlimited.

Ivo and I have a system of working with you that does not allow for either your dependence on me or your empowerment over me. We expect you to take these messages and make out of them what you will. I can't force you to see something you're not ready to. I have opened up our service at times in order for you to clarify information through our channeling service. And that is the only way that I extend any help to you, other than all the information we leave for you to read or watch on video. There's not only our information, there are many others who are teaching the Law of One or Unity Consciousness.

I work my service the way I work it. I don't care what others do, how available they make themselves to you, or whether they befriend you or not. I work my way. It is unique to my needs.

If you are still Power Over Others, I suggest that you look at relieving yourself of mind control, because it's not the Light that wants you to try to gain power over others.

The first step to take in order to become Power Over Self is to ask yourself, "What boundaries did Sharon state she wanted me to respect?" and then do that. If you don't, I'll know you're not in control of your mind – mind control is. I'll know who sent you.

Assertive people ask first. They are okay with taking a "No," from others. I believe sometimes, that people are like I was and got the word "No" spanked out of them as children. But their parents used it liberally to control them. So when people say "No" to them, it becomes triggering and they feel powerless against other people. Frankly, biding by someone's "no" is not disempowerment, it is an act of empowerment. You just have your glasses on backwards because you were taught the wrong system. I believe in the system of scarcity we're still living in today, the word "no" can be life threatening for some people. "Can I borrow 50 bucks?" "No." Turns into, "How will I eat? What about my kids, what will they eat? My bills won't get paid. I won't have gas for the car." And with that, I thank the monetary system for creating scarcity thinking and the Power Over Others system. Asking for 50 bucks and saying you'll pay them back next week and never paying them sounds like a "yes" to some people. But it's theft and creates bad karma.

The fact is, you don't need me. You don't need Ivo either. All we're doing is reminding you of what you innately know, that which is lodged undiscovered in your subconscious. We're just reminding you.

I went to the store just now. Didn't get my pull through spot. But when I left the store and got into my car to leave, the driver of the car ahead of mine got into his as well. Pulling through was just a matter of



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waiting him out, so he backed out and left. Life bends to your will, folks. That's another thing you've forgotten. If I'd needed 50 bucks, it would have appeared. I would have created the money. You know many things. You just have to let go of what you've been taught, because frankly, it is poison to your soul. You're not draconian – you're a human.

People who practise Power Over Others harbour beliefs that don't serve them or others on the planet. They believe in lack, scarcity, they believe they have to compete, that they have to want more and more and more, they believe that nobody is looking out for them and life is a question of having to control others into doing that for them because they are basically powerless.

No, it's not. Those of us who develop unity consciousness believe God is working for us and through us and we see examples of it all the time.

Power Over Others thinkers don't believe in life. They believe that life is bad and they have to suffer through it, that life is a struggle. They believe that life is a question of having to wrest what they get from others, that they have to fight to get what they want. They believe there isn't enough so they have to steal from others to get theirs. That's how those in power think and they've taught you the same thing.

There is no struggle, there is no competition.

The Light is here to teach you otherwise. The Light is here to help you remember your own Light.

<https://drmichaelmcgee.com/materialism-and-narcissism/>